L. H. LEWIS EDITOR.

Prosperity is here to stay. If disaster comes it will be "psycho- It was interesting from beginning to logical,"not"logical," are the words finish. The strong plea for the presused by Secretary Shaw in his recent ervation of fish and game, and the address at Chicago.

The successful man doesn't waste a minute in waiting for the right opportunity to come along, He goes gunning for it. Oftener than not he finds it through the advertising col- nations. He said :umns of a live newspaper like the News and Citizen.

is seeking Hanna's place in the United | these ramparts, and this shows that States Senate, yet admitting that he all war is ruin. This is prophetic of would have preferred selection of the future. To my notion there is some one who had been active and grander than troops. Notwithstandearnest in the support of all the planks of "our platform."

The outing of the Fish and Game League last Friday was one of the best in its history. President Fish and Secretary Thomas worked early and late to make the affair the success it was. To them are all who had the privilege of enjoying the event under great obligations.

Several of the members of the Vermont Press Association were guests of L. M. Hays of the Essex Syndicate at the Burlington Carnival last Friday night. The party was "chaperoned" by President Parker of the Bradford Opinion. Brer. Hays, who managed the Carnival, took excellent care of the press, and all hands enjoyed the occasion hugely.

The state legislature of Pennsylvania having designated bullfrogs as "game" and July and August as the only months in which they may be caught, frog hunters made big money during that time. In Berks county large shipments were made to Philadelphia and other cities, and it is said that farmer boys made from \$50 to \$100 a month. Good-sized frogs commanded prices ranging from \$1.50 to \$2.00 a dozen.

Elsewhere we publish an interesting article from the Burlington Free Press on "Fish and Game Politics." perusal, especially because it mentions Hon. C. H. Stearns of Johnson and Hon. R. W. Hulburd of Hyde Park as among those in the list for the nomination for Lieutenant Governor. We do not believe either of these men Yare to get into a contest with each other, or anybody else, for this honor and while either would feel complimented with the nomination were it to come unsought, they would not want if it is to come by a contest.

It will be interesting to Masons to know that in Rhode Island there are eleven lodges more than one hundred years old, a record we believe unequalled by few, if any, other states. Speaking of Masonic lodges, many members have often wondered why there is no national grand lodge. They will be interested to learn that in the year 1790 an effort was made throughout this country for such a lodge in order that George Washington might be the first Grand Master. The death of President Washington a few years later put an end to the plan, a plan which had it materialized would have been a strong factor in Masonry throughout this country.

The Vermont Press Association is to be re-organized. A movement in that direction was started at the recent Fish and Game meeting. There is no reason why the newspaper men of this state should not have an organization that pertains to the welfare of the craft, one that will be productive of both pleasure and profit. In the early days of the old association such was the case. The records show many meetings that were not only pleasurable outings, but were profitable in the presentation of papers and addresses upon topics in which the association was directly interested. We believe every newspaper man in the state is anxious that the organization be revived and will hail with pleasure any report that the committee appointed for that purpose may make in that direction.

The doctor was called and no serious damage, they thought, would result from the accident, but Monday morning very suddenly and unexpectedly she passed away. It is a sad blow to the afflicted parents and other near relatives. She was a child loved by every one for her bright conning ways. The afflicted ones have the sympathy of a targe circle of friends.

Sax days I the Sag up / tos ve

Judge Brewer.

Undoubtedly one of the best, if not the best, addresses ever given before the Fishand Game League, was that last Friday at Fort Frederic by Judge Brewer of the U. S. Supreme court. admonition to "never destroy fish aud game for the fun of it," were points well made and heartily regested by the ruin of the fort, were in advocacy of peace among men and

We stand to day in the ruins of its history and how it cost \$10,000,-Bryan has swallowed Clark who 000. Grass is now growing over something mightier than an army, ing the wars of recent years and the magnificent results accomplished he said he believed the real glory of this country is not in its army and navy, not in its colossal commercial enterprises. He believed its highest destiny and glory is to be in the manhood and womanhood it develops. We live to make a nation of men and women that will stand before the and this is unquestionably the world a living story. Peace and its present time. methods will accomplish these mag-

the eloquent address, and at its conclusion rose to their feet in honor of the worthy jurist. His words made the state. On the other hand there were not a few expressions of columns of the state. a strong impression and long will effect that the east side should be given they be remembered by those who recognition as usual inasmuch as any heard them.

Some doubt has been expressed as to the proper way to pronounce the word "chauffeur," as applied to the man employed to run a motor car.

tenant governor, the list including the Hon. Charles P. Smith, president of the Burlington Savings bank, Dr. J. A. Mead of Rutland, the Hon. Charles H. man employed to run a motor carriage. It is a French word and means 'fireman," and is pronounced " shofur," with the accent on the last didate.

A South Dakota man thinks he has solved the problem of aerial navigation. He thinks so, note the word. The authorities at Washington have allowed his application for a patent. The aeroplane idea is employed, for there are a canopy wing and rotary kite sails, with automati cally working valves on the canopy wings, which open when the others are closed and shut when the rotary wings work in opposition to each other, and the former are supported been active the past week all desira-Our readers will be interested in its to hold for a moment the buoyancy ble lots have been taken at full quothat is gained by the latter.

> NORTH WOLCOTT. J. F. Holton is better.

F. O Lunt was in town last week Mrs. Ryan is teaching in the Leckner dis

H. C. Reed and wife were in this place la Mrs. Anna Udall was in Craftebury last Sat

A. E. Woodmansee and wife visited in Hardw.ck last Friday.

L. E. Armstrong was down from Greens

Ernest Scribner and wife of Stowe visited at Chas. Hoyt's Saturday. Mr. and Mrs. Fletcher of Albany visited at almon Bruce's recently.

Mrs. Mary Bailey is stopping with he daughter, Mrs. Nelson Reed. Miss Rosa Smith and brother from Crafts oury were in town last week

Mrs. F. O. Lunt returned to her home Morrisville last Friday night. Milton Bruce has been visiting his daughter, Carrie, for a few days past. The Friday evening prayer meeting held this week at Chas. Slayton's.

Harry Silloway's folks have been stopping with their parents for a few weeks. Mrs. Olive Luce and Mrs. J. Spaulding vi ited Mrs. H. Putnam last Monday.

The Advent school begins this week, reportages Mr. Pike of Stowe is to teach. Rev. Mr. Watts and family returned hon rom the Randolph campmeeting last week Misses Clark and Cady visited their friend Miss Rose Smith, in Craftsbury over Sunday F. P. Sheldon, wife and son, Charley, from Barton Landing visited in town the past

Miss Bernice Farrar and Miss Silver were in town from their schools in Craftsbury over Sunday. Mrs. Geo. Herring and daughter, Ethel, and Mr. Opie visited at the home of Nelson Reed

recently. Mrs. C. Robbins and daughter, Stella, and Miss Greene visited at Almon Bruce's last Saturday.

Dennis Gallup, while chopping in the woods the past week, got quite badly hurt by a tree falling and striking him on thehead. He was taken up in an unconscious condition and carried to the house and a physician called. No bones were broken and at present he is

The marriage of Thomas E. Opie of Stony Creek, Conn., to Miss Ethel Herring of Wolcott took place at Montgomery Sept. 7th, Rev. C. D. Pierce performing the caremony. They went from there to Higheste Springs for a week's outing and were accompanied by the bride's parents, Mr. and Mrs. G. W. Herring. Mrs. Opie has a large circle of friends here who wish her a hany and preserved. here who wish her a happy and prosperou

Little Mary Bruce had the misfortune Sat urday, while her mother was mopping the floor, to step backward and sit down on the mop tub, tipping it over on to ber and scalding her quite badly. The doctor was called and

R ... Pos II on R ros n iv't on the of views of St. Johnsbury with a brief sketch of views of St. Johnsbury with a brief sketch to v F irbanks induor s and of the tonat-

Fish and Game Politics.

[From the Burlington Free Press] It has come to be taken for granted that when two or three hundred Vermonters are gathered together, political discussion will be indulged in, particularly if a state campaign is dangerously near, that is dangerous for the candidates. The meeting of the Vermont Fish and Game League was no exception to the rule, even if the gathering took place on the soil of the Empire State. Indeed, if it is permissible to betray an open secret, some of those points well made and heartily received. But his closing words sug-ready to talk politics when on the New York shore of Lake Champlain than when at home. It should not be understord that there was any slate making; for things are too much in the air in this stage of the political game in Vermont, but advantage was taken of Fort Frederic. We have been told the sunshine of the occasion to make

a little political hay.

The friends of Lieut.-Gov. Stanton were probably more in evidence than those of any other man who has been discussed as a gubernatorial possibility and there was not a little willingness manifested to disregard the idea that the election of a man for second should bar him from gubernatoria

Not a few of those present at the quet would favor the nomination Hon. William E. Johnson of Woo while others, were outspoken advocacy of the nomination of J. A. DeBoer of Montpelier, talked of the Hon. C. J. Bell Probably a third of those who ken to on the subject thought had crystalized in favor of no man in connection with the go

If any marked sentiment in f the retention of the governorship or the west side of the mountain for an His hearers were spellbound by other year has taken form it certainly failed to find any noticeable degree of open expression among the representanot a few expressions of opinion to the one clamorous on this side of the moun tain would need wait but two years.

A number of names were discussed in connection with the nomination of lieu-Stearns of Johnson and the Hon Roger W. Hulburd of Hyde Park. The statement was made that Dr. J. E. Thomp-son of Rutland might possibly be a can-

So far as learned there is no movement to disturb either State Treasurer John L. Bacon, Secretary of State F. G. Fleetwood or State Auditor Horace F

The United States senatorship came in for its share of consideration, and it is safe to say that if the sentiment expressed at the fish and game banquet, both in private discussion and in the opinion throughout the state, our people will be only too glad to continue to avail themselves of the efficient services of Senator Redfield Proctor.

Morrisville Butter Star While the Boston market has not tations. Nothing but assorted and most fancy lots have shown any advauce and that but slight. Local prices still remain unchanged as follows: Very best separator dairy, 13% cents; very best small separator dairy, 15 to 17 cents; off grades and odd lots, 14 to 15 cents; prints and 2% pound boxes a trifl : higher.

Consumption

Salt pork is a famous oldfashioned remedy for consumption. "Eat plenty of pork," was the advice to the consumptive 50 and 100 years ago.

Salt pork is good if a man can stomach it. The idea behind it is that fat is the food the consumptive needs

Scott's Emulsion is the modern method of feeding fat to the consumptive. Pork is too rough for sensitive stomachs. Scott's Emulsion is the most refined of fats, especially prepared for easy digestion.

Feeding him fat in this way, which is often the only way, is half the battle, but Scott's Emulsion does more than that. There is something about the combination of cod liver oil and hypophosphites in Scott's Emulsion that puts new life into the weak parts and has a special action on the diseased lungs.



A sample will be sent free upon request. Be sure that this picture in the form of a label is on the wrapper of every bottle of Emulsion you buy.

SCOTT & BOWNE, CHEMISTS.

409 Pearl St., N. Y.

50c. and \$1; all druggists.

HYDE PARK.

Miss Carrie Noyes is spending a few days in Burlington. Miss Lessie Davis went Monday to

East Burke, where she is to teach the Rural Free Delivery.

Rural free delivery routes Nos. 1 and 2, go into effect next Tuesday morning. Parties along these routes must place suitable boxes alongside of the road for their mail, if they want it delivered. The carriers will leave the post office at 10.30 a.m., and the time necessary to cover the routes s about six hours each. Below we give the exact routes, as mapped out by the government. We have no be greatly appreciated by the farmers, again! as their mail is carried to their doors, they will know just when to expect it, and not be obliged to hitch up and go to the village after it, or depend upon the neighbors to bring it. Any infor mation concerning the rules and regulations governing the routes will be cheerfully given by the Postmaster or the Carriers.

ROUTE No. 1.

L. H. NOYES, CARRIER Beginning at the Postoffice the Carrier will go thence northwest to T. Finnegan's corner Chence northwest to W. G. Bassett's residence and return to Finnegan's corner Thence northeast to M. Gould's corner Thence north to A. Crowell's corner bence northeast to the Electric Light Plant corner
Thence easterly to Baker's corner (Wiswell school house)
Thence northerly to B. Crowell's corner
Thence west to school house No. 17

bence southwest to covered bridge cor. hence north and northwesterly to G. Clark's cor. Thence northeast to Hayford's corner Thence southeast to Parker's corner Thence northeast to North Hyde Park

P. O. cor. Thence southeast, passing Thompson's corner to A. Jones' corner
Thence northeast to the McKinstry Hill Thence northwesterly to R. Clapper's cor. Thence southwest to Montgomery's cor. Thence west to Rooney's corner Thence northwest to Chas. Noyes' corner

Area covered, 12 square miles. Number of houses on route, 110. Population served, 495.

Phence southwest to Postoffice to place

ROUTE No. 2. ELBRIDGE HOLBROOK, CARRIER. Beginning at the Postoffice the Carrie

will go thence northeast to Felcher's Thence north to corner, about 30 rods north of Wiswellschool house Phence southeast to Manning's cor Thence northeast to J. Thompson's cor. Phence southeast to A. Jones' cor . Thence southwest to Centerville corners
Thence east to A. Whitcomb's cor.
Thence north to W. Wheeler's cor.
Thence easterly to Swift's saw mill Thence southwesterly to Garfield corre Thence west to Jackson's cor . Thence north to C. M. Davis' residence

It ence west to Ceveland schoolhouseco Thence northwest to Haskins' cor . hence northerly to Centerville corners eace south and southwesterly to Chas. Phence southwest to Postoffice to place

of beginning . Length of route, 22½ miles. Area covered, 11 square miles. Number of houses on route, 10 Population served, 477.

Riverside

Mrs. David Trudo and Mrs. Bossom ar Charles Lucas and wife ives in Montpelier. Mrs. Alma Crowell is visiting at Wallace

John Manning went to Swanton last week n search of employment. Master Ernest Hubbard visited his aunt, Mrs. Helen Stygles recently.

Rossie Currier and wife spent a week with riends in North Troy and Coventry. Fred Crowell and family spent last Friday n Wolcott visiting at Wallis Spaulding's.

The school in the Griswold district opened Monday with Miss Minnie Currier as teacher. Albert Whitcomb and wife and Erwin Lilley and femily visited at Willard Whitcomb's a Erwin Hadley, who has spent the past eight months in Philadelphia, Pa., with his brother Azro, has returned home.

B. M. Currier is building a silo with Frank Boyes as master of the stone work and Alonzo Mills as master of the wood department. The ladies shouldn't fail to call and see the new goods at W. H. Nye & Co's, this week, as they have some attractive styles to show.

Mrs. Vinnia Griswold Bossom from Syracuse, N. Y. is spending a few days with her uncle, Almon Crowell, and is also visiting Mrs. Eliza Lilley. Eben Butler from Montpelier made a short visit at Charles Lucas' the last of the week.

His son, Jimmie, who has spent several months with his uncle, returned home with Mrs. Flora Ransom from Burlington and Mrs. Betsey Godfrey and daughter, Mrs. Dr. Washburn from Waterbury Center, visited at Edwin Stygles' and Willis Grimes' over Saturday night.

Maplehill. Lillian McGinnis is teaching school in Eden. Geo. Clapper visited his parents a few days

Eva Manning commenced teaching schoolin Greenfield, Monday. Alden Burlbut and Fred McGinnis visited friends in Eden Sunday. Belle McGinnis and Eva Whitcomb are at tending school at the L. C. A.

School commenced at the Center Monday with Rose Rooney as teacher. The farmers in this vicinity are getting along pretty well with their fall work. Some are harvesting oats and barley and others digging potatoes and some haying.

PARADISE IVALLEY. Mrs. C. P. Brown returned here last Thurs There were severe frosts here Tuesday and Wednesday mornings.

Mrs. Martin Emery, formerly of this town, but now living in Plymouth, N. H., called on friends here last Thursday. Ed. Shattuck now handles the ribbons over Stearns Bro's, pair of greys. Their former teamster went away and forgot (?) to come until too late a day

Dr. Prentiss of Johnsoh recently removed a very large polypus from V. P. Moseley's left ear, which very much improves his hearing and alleviates severe headache.

NORTH HYDE PARK.

Mr. and Mrs. Luther Wood are on the School started in Monday with Misses Beryl Harrington and Alice Miner as

The frost of Monday night did wonders in the way of ripening cucumbers, pumpkins, etc.

Rev. Mr. Hager gaye an able sermo and administered communion at the

Cong'l church last Sunday. Mrs. Wilkins is on the gain. Mr. Wilkins remains about the same-fat. fair and astonishingly pleasant. Geo. Olds' daughter from No. Cam-

bridge, Mass, is visiting at the home of her parents Mr. and Mrs. Geo. Olds. A gentleman by the name of Jay, from Jericho spent the first of the week with doubt that this new arrangement will his sister Mrs. L. W. Bailey. Come

> The compliments of the Johnson correspondent of the News and Citizen in last issue, were kindly noted and were duly appreciated. Thanks!

Chas. Kneeland and Harry Baker are knocking the stuffing out of what oat straw there is in this vicinity, with a threshing machine. The oat crop is

Chas. Parker had a call to go to Hyde Park, last Saturday and contribute several dollars just for a plain drunk. He wants to know now what a fancy drunk will cost and what it should be com-

J. C. Masure spent part of last week rusticating in some of the rural towns in the state. He visited Burlington, Morrisville and a part of Hyde Park last week and hopes to make a raid npon Eden, Belvidere and Avery's Gore next week, if his health holds out and his appetite doesn't go back on him.

Mr. Chas, Davis of Johnson and Miss Lillian Hayford of this place were joined in the holy bonds of wedlock last Sunday-if reports be true. Don't know who did it, nor where. Don't see how either of the parties could have done better. A long, happy life and many little Davises is the wish of their many

Geo. Whitcomb and bride from Amherst, Mass., spent a part of last week with his relatives in this vicinity. They were both well dressed, well behaved and a fine looking couple. We guess neither has made any mistake in their choice of life partners. They returned to their home last Monday, taking the best wishes of their newly-made friends with them. Come again.

The compliments of our Paradise friend of last week are duly noted. We have not had time to look up his scripture les on, but will attend to it soon. Please follow our last prescription as directed; avoid late bird suppers intermingled with champagne or spirituous liquors; bathe your feet in warm soap suds at least once a year; soak your head in lime water on rising in the morning. Your mind will soon be relieved of those horrid visions you described in your epist'e of two weeks since. We quill drivers have got to stand by each other. We have the world to contend with. Please let me know how you get along. We have other remedies which we use in desperate cases, so be not discouraged.

The Sunday school picnic at Lake Eden last Saturday was a decided success in every particular. The day was sublime and the attendance large. C. church with two horse teams. On their return from the pond Mr. Fields came by the way of Paradise Valley, Gilman Garland's, Almon Balch's and other places of note, which made the distance several miles further and the time several hours late. This caused some uneasiness on the part of the loved ones at home. A happier party seldom if ever passed over the hills and through Paradise Valley than they. When they arrived at the light and saw each other face to face, unharmed and happy great joy prevailed. Mr. F. is quite noted for his jokes.

NORTH CAMBRIDGE. Mrs. Jane Chase is repairing her house.

Geo. Fullington is painting his new hors W. C. Mudgett's new barn is completed and Quite a number from this place took in the Sheldon Fair.

Harold Chase is to attend school in Bur ington this fall. The Ladies' Aid will meet, with Mrs. Green Thursday afternoon.

F. F. Davis is expected home to-day from Manhatten Beach, N. Y. Mrs. Emerson Davis of Johnson visited h sister, Mrs. F. F. Davis, the past week.

The potato blight has struck this section and many of the fields are nearly ruined. Harry Fullington has purchased a new gasoline engine and is now ready for thrashing grain or sawing wood.

The yield of hay in this section was very uneven; some farms are short while other have as much as last year. The Pond Lillies and a hostile picked nine from this place crossed bats Saturday on the Thomas meadow. The Lillies won the game.

CAMBRIDGE.

Miss Helen Holmes returned to St. Albans Several from here attended the fair in Sheldon last week.

Geo. Safford of Arlington visited relatives C. S. Cornell and little Florence visited in Franklin last week.

The Misses Hudson of So. Boston spent last week at the American House. Helen, Laura, Belle and Morton, children W. S. Safford, were all sick last week.

A good many from this place took in the carnival at Burlington last week and felt well Prof. Gilmore went Saturday night to Underhill, where is to teach school taking Prof. Hayden's place.

The last ball game of the season was played between the Cambridge and Johnson teams Saturday, the latter being victorious. Miss L. L. Peck, who has been so very sick

at the American House, went to the home her brother at Essex Junction Saturday. Rev. Albert G. Mohr is taking a few weeks vacation and Mrs. Lasher will occupy the pulpit of the Cong'l church in his absence.

Rello Reynolds has returned to school it Brookline, Warner Brush to Phillips Academy, Exeter, N. H., Ildah Gray and Harlow Leavens to People's Academy, Morrisville.

Petitions in bankruptcy have been filed by John M. Burtot Enosburg, who has liabilities of \$1.395 and assets of \$1.500, of which \$500 are claimed exempt; and W. W. Brown, a bayele dealer of St. Johnsbury, who has liabilities of \$2.970 65 and assets of \$2.742, of which \$300 are claimed exempt.

BUSINESS CARDS.

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DR. J. ARTHUR ROBINSON, DENTIST, Morrisville, Vt. Rooms in cor-ner brick block, 8 Portland street. All perations skillfully performed. Telephone-onnestions

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F. H. M'FARLAND. ILEAGE BOOKS on all principal roads sold, rented or exchanged. Call on or ess F. H. McFARLAND, HYDE PARK, VT.

GEO. T. STEVENSON, D. V. S. VETERINARY SURGEON. Graduate of McGill University, '97. Late veterioary Lieut. Canadian forces in South Africa. Office, Matthews Block, opposite Postoffice. Telephone connection. All calls attended promptly.

DR. A. A. MINOTT. Morrisville, Vt.
When ad asable, gass, ether and other anaesthetics will be used for extraction of teeth and other surgical work. Office hours, 8 to 12 a.m., 11 to 8 p. m., Felephone connected. Appointments made.

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PENSION ATTORNEY AND NOTARY PUPLIC. All kinds of Pension Cases successfully prosecuted. The claims of Soldier's widows a Specialty. Office at residence, Main Street, LYNDONVILLE, VT. Citizen's telephone.

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WALTER R. MESSER. OCULIST and Specialist in lenses for Defective Eyes. With many years of study and experience. Eyes examind office 17 Main Street, Morrisville, Vt.

CENTERVILLE.

Calvin Campbell and wife returned from Barre Tuesday. Preaching in the school house next Sunday at 3 p. m. by Rev. I. T. Johnson. Those who went to Hardwick Monday neard an able address from our former Centervi le boy, Herbert Pape of Barre.

day by the Sunday school and their friends was well attended. The day was fine and everybody had a pleasant time. Free delivery commences next Tuesday. The I te hour in which the mail will reach here 2 or 3 p. m. does not make it as popular as it otherwise

The picnic to Eden Pond last Satur-

might be. Will Davis and Emma Grimes were married Tuesday. Will has given Os-car Campbell orders to set up the cigars

for him, and their friends are entitled to a smoke. The post-office goes out of existence next Monday night. Eight years ago last March it was established here and O. Fields, Ira Ober and Clarence Hay-ford did the carrying to and from the strange with it gone, but friends and neighbors, and customers too, can come-

inquire of each other "what's the news?"

Hyde Park Center. Simon May is at work for J. Q. Perry. Leo Bullard was home from Hardrick over Sunday.

A. N. Terriil and wife of Morristown.

to the store evenings just the same and

isited at N. J. Perry's Saturday, Will Merriam of Hardwick and Flora Merriam of Elmore visited their sister Mrs. Edwin Bullard Monday. Edson Sargent and family went to Sheldon Wednesday to visit friends and attend the fair. They returned Satur-

day afternoon.

ARE YOU GOING WEST?-Beginning September 15th, and continuing every day thereafter until November 30th, there will be a special rate to all points in Washington, Oregon, Idaho, Montana, and British Columbia. For maps, rates, routes and other information write at once to-Wm. Kelley, Jr., District Passenger Agent, Wisconsin Central Ry., 290 Broadway, New York City.

Women as Well as Men Are Made Miserable by Kidney Trouble.

Kidney trouble preys upon the mind, discourages and lessens ambition; beauty, vigor and cheerfulness soon

disappear when the kidneys are out of order or diseased. Kidney trouble has become so prevalent that it is not uncommon for a child to be born afflicted with weak kidneys, If the child urin-

ates too often, if the urine scalds the flesh or if, when the child reaches an age when it should be able to control the passage, it is yet afflicted with bed-wetting, depend upon it, the cause of the difficulty is kidney trouble, and the first step should be towards the treatment of these important organs. This unpleasant trouble is due to a diseased condition of the kidneys and bladder and not to a habit as

most people suppose. Women as well as men are made miserable with kidney and bladder trouble, and both need the same great remedy. The mild and the immediate effect of Swamp-Root is soon realized. It is sold by druggists, in fifty-

cent and one dollar sizes. You may have a free, also pamphlet tell- Home of Swamp-Root. ing all about it, including many of the thousands of testimonial letters received from sufferers cured. In writing Dr. Kilmer & Co., Binghamton, N. Y., be sure and

mention this paper. Don't make any mistake, but remember the name Swam'r Root. Dr. Kilmer's Swamp-Root and the address, Binghamton, N. T.,

on every bottle